

# Family and Consumer Sciences

## 7<sup>th</sup> & 8<sup>th</sup> Grade Exploratory Course

### Mrs. Callahan's Classroom Rules & Expectations

BE RESPECTFUL

BE RESPONSIBLE

BE READY

Course Description:

#### EXPLORATORY CLASSES

Exploratory classes are offered for the seventh and eighth grade students. As students rotate through these, they will stay with the same group of ten to fifteen students. In the Family and Consumer Science Department these classes cover basic life skills. The classes also give students an opportunity to see what particular vocational area might be of most interest to them. This can give the students help as they are planning their high school classes.

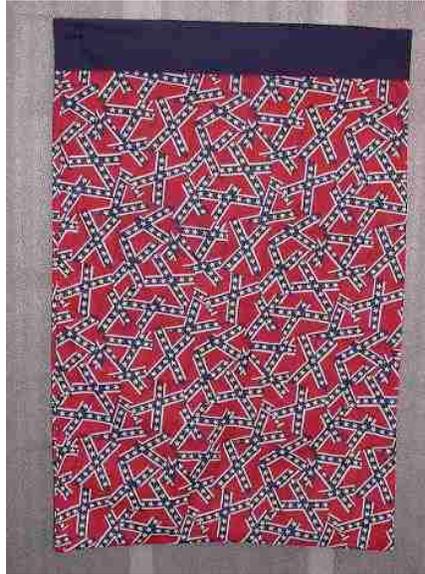
The seventh grade class lasts approximately seven weeks. We will first learn what Family and Consumer Sciences is, and we will learn about self-esteem and how to manage stress. Then we target basic sewing construction and housing and interior design basics. The eighth grade class lasts twelve weeks. We will first learn about health relationships with friends and families, communication skills, and will focus on food and nutrition and child development (babysitting) basics.

Materials:

- Always bring something to write with and paper. It may be to your benefit to keep a section in your notebook just for this class. That way all of your notes and assignments will be together.
- There are no textbooks in 7<sup>th</sup> or 8<sup>th</sup> grade Exploratory class. Assignments, articles, and worksheets will be given to you, so please do not lose them.
- **7<sup>th</sup> grade only**—This year in 7<sup>th</sup> grade FCS, we will all be doing the same project. Everyone will be required to complete one pillowcase. Depending on time, students may be allowed to complete another pillowcase. You will need two pieces of materials. One piece being a  $\frac{1}{4}$  yard and another piece being  $\frac{3}{4}$  yard to make 1 yard total. It is important that you understand that if you do not like the material in the classroom to use for your project, you may want to go somewhere to buy fabric. Wal-Mart and JoAnn Fabric has a wide variety at great prices. (Note: You can buy one yard of fabric (mixed/matched materials) for less than \$5. Your 1 yard of fabric can be brought into the classroom at anytime.
- See pillowcase example on next page. We will talk more about this as the project gets closer.

**EXAMPLE:**

¼ yard for top binding



¾ yard for main pillowcase

### Make-Up Work

- If you are absent, it is your responsibility to get any make up work you have from the teacher. Please do not ask me to look up what you are missing. You have access to your grades and can see what you are missing. You will have the number of days you were absent to turn in your make-up work. For example, if you missed 2 days of school, you will have 2 days to turn in all of your make-up work. *Any work that would have been due on the day of your absence is due the first day you get back.*
- How do I know what I missed? By the classroom door there will be a sheet with the assignments/homework that was assigned during class. This will be posted at the end of the day. The daily assignment will also be written on the whiteboard. If you miss more than one day of class, do not check the whiteboard, you need to check the assignments listed by the door as the only assignment on the whiteboard will be the current one that was assigned for that day.
- When you turn in a late assignment, whether it was from being sick, a sporting event, or you simply did not hand in your assignment, you must staple a “Late Assignment” slip to the top of the assignment. You will then place this assignment in the “Late Assignment” box instead of the inbox on my desk.

### Grading:

#### Daily Participation Points

- This course is a graded course. Everything you do is worth points.
- There will be a lot of discussion and activities in this class, so I expect you to participate. At the beginning of each class, you will have a Participation Point.

- You can lose your Participation Point by:
  - Being absent from class
  - Being tardy to class
  - Not participating in class (sleeping, doing other homework, playing with cell phones, purses, etc.) or being disruptive
  - Not bringing a writing utensil
  - Having an incomplete assignment
- If you come to class prepared and do your best and participate in class, you will pass the course.

### Cell Phone Policy

- **ABSOLUTELY NO ELECTRONICS (besides your laptop)** are allowed! (cell phones, ipods, etc.) You know you cannot have it in class, so don't have them out during class. If I see it or hear it, I will take it.
  - 1<sup>st</sup> Offense: Verbal warning
  - 2<sup>nd</sup> Offense: I keep your phone for the rest of the day.
  - 3<sup>rd</sup> Offense: I turn your phone into the office.
- *Keep in mind that as the teacher, I can change this rule if too many people are abusing the rule, and I can take your phone if I see it, even if it is the first time you have it out.*

### Laptop Policy

- I am so excited that Van Meter has the opportunity of having the new laptops for all of the students to use. This is wonderful and will make access to computers very easy. We will do a lot of things in class that will require us to use our computers (Pages, Numbers, KeyNote, Videos, WebQuests, etc), but please do not take out your computer unless I ask you to **OR** you ask permission.
- **IF** you would like to take notes on your computer, that is fine. If I see you checking your email, Facebook, Myspace, I-Chat, etc., I will ask you to put away your computer and you will not be able to take notes/work on an assignment/homework for the rest of the class period. Please wait to use these features when you are not in class. This disrupts others from learning and takes away our class time together.
- **If you continue to abuse your time on your laptop and do things not related to class, you will lose your privilege to use your laptop during FCS class time and will have to do assignments on your own time.**

### Assignment

- For all assignments, in the upper right hand corner, you need to use the following format in order to receive full credit for the assignment:

First Name, Last Name  
 Period  
 Date  
 Assignment (Page Number & Questions Assigned)

## Classroom Expectations

1. Come to class ready to participate and learn!
2. Be in your seat before the bell rings.
3. Listen to and respect others opinions.
4. Respect the teacher and your classmates.
5. Treat others the way you would like to be treated.
6. Follow all safety and clean up procedures during a lab.
7. You are not allowed in the kitchen unless it is time for lab or I have asked the class to go to the kitchen. You may NOT grab any dishes/food without asking my permission (grabbing a glass for water).
8. Only one person at a time will be allowed to leave the room at a time and you need to ask permission before leaving the room.
  - \* If you MUST use the restroom, you will be allowed to during individual work time. You are expected to use the restroom/get a drink before coming to class.
9. No put-downs/swearing/negative language will be tolerated! If so, you will be sent to the office for such behavior.
10. Come prepared! ALWAYS bring a writing utensil and paper to class.
  - \* You will not be allowed to go to your locker because you should have all of your materials with you. Borrow from a neighbor if you don't have something.
11. ALWAYS have your work done on time before class!
12. Chewing gum is okay, but no food (other than lab foods) such as candy or pop is allowed unless it has already been cleared by the teacher in advance!
13. You are in the Family and Consumer Sciences classroom. Please do not work on homework for other classes. When you are done with an assignment for my class, you may then work on other assignments if you have them.
14. Please do your own work! No cheating or copying on daily work, tests, and projects/activities is allowed. You will receive a "0" for the assignment, and will NOT be allowed to turn it in again. Please ask if you need help, I am always here and want you to succeed.
15. Be respectful of substitute teachers. If I get bad reports, I can double any punishment that the substitute may have given you.

## If you need help...

- I am more than willing to help! See me before or after school with any questions concerning projects, assignments, or upcoming exams.
- I am also available during 7<sup>th</sup> period. If you have an emergency and need to contact me outside of school time, my home phone is 986-4119. Please do not call me after 10pm.